

**Meeting of the Northborough Council on Aging  
February 9, 2016 7:00 Senior Center**

*The role of the Northborough Council on Aging is to maintain or increase the quality of life for the mature citizens of our community. We do this through support advocacy, planning, coordination, and implementation of programs that bring mature citizens together for social, recreational, and educational purposes. We seek to educate the entire community and enlist its support and participation.*

1. **Call to Order:** A meeting of the Council on Aging of the Town of Northborough was called to order at 7:05 PM by, Adrienne Cost, Chair with the following also present:

Tony Pini, Member	Phylis Muthee Member
Linda Cragin, Member	Muriel Swenor, Friends
Ed Bombard, Member	Kelly Burke, Senior Center Director
Jerry Anderson, Member	

The following were not present: Alice Stapelfeld,

2. **Approval of the Minutes:** The minutes for the January 2016 meeting were approved.

3. **Friends' Report**

The Friends will again co-sponsor with Rotary the 5k/10K road race on May 1<sup>st</sup> and planning is underway. The reservation for the creation of float for the 250<sup>th</sup> parade is confirmed.

4. **Director's Report**

Kelly shared that the Bistro is testing having a piano player play during the meal and it will be interesting to see the results. ACT on Alzheimer's, now Come2B dementia friendly will have its first action team meeting on March 2<sup>nd</sup> at 8am. New computers will be installed in the computer lab with new classes scheduled in March. Other new classes include A Matter of Balance, Diabetes Self-Management, a session on hearing, new SAGE classes with support from the Friends and a new choral group will be starting.

5. **WRTA Advisory Report**

The new maintenance garage is done and WRTA is interviewing for a new executive director.

6. **Bay Path Report**

Jerry shared a board "Highlight" report that is also shared with staff. Representative Camine Gentile attended the board meeting and a day to advocate for funding at the State House is planned.

7. **Old Business**

No report.

8. **Community Awareness**

Ed shared a book he made with pictures of the Senior Center and discussion followed about other ideas.

9. **New Business**

Adrienne brought up for discussion the types of skills and connections needed for new board members. Discussion included outreach, advocacy, connections in the Northboro business community for Come2B Dementia Friendly and other projects, connections for volunteers for short term projects like Come2B and longer term commitments like the front desk and Bistro (and we need volunteer manager). Ideas of people who might have connections like former school rep to the COA Nancy Berglund and local clergy were discussed. Each member will come to the next meeting with one connection they have.

The meeting was adjourned at 8:20.

Linda Cragin, Secretary